
CONTENTS

	<i>Acknowledgements</i>	11
1	Introduction	13
	1. A Sustainable Approach to History	16
	2. The Ocean Model of One Human Civilisation	29
	3. The Purpose and Structure of the Book	39
	PART 1: The Foundations of Life	43
2	<i>Where Are We?</i> Cosmology and the Big Universal Picture	45
	1. The Universe	46
	2. Life on Earth	56
	3. Conclusion	63
3	<i>Who Are We?</i> Neurochemical Man and Emotional Amoral Egoism	65
	1. Approaches to Human Nature	66
	2. Emotional Amoral Egoism	74
	3. Conclusion	83
4	<i>Why Are We Here?</i> A Proposed Theory of the Meaning of Existence: “Sustainable Neurochemical Gratification” (SNG)	85
	1. Approaches to the Meaning of Life	86
	2. The Meaningfulness of the Question	93

	3. A Proposed Theory of the Meaning of Existence: “Sustainable Neurochemical Gratification”	96
	4. Conclusion	99
5	<i>What Do We Know for Certain?</i> A Proposed Theory of Knowledge: “Neuro-rational Physicalism” (NRP)	101
	1. The Nature of Knowledge	102
	2. Sources of Knowledge	103
	3. A Proposed Theory of Knowledge: “Neuro-rational Physicalism”	125
	4. Conclusion	134
	PART 2: Civilisational Triumph and Sustainable History	135
6	<i>How Can We Collectively Succeed?</i> Triumphs of Individual Geo-cultural Domains	137
	1. Triumphs of Individual Geo-cultural Domains: The Example of the Arab-Islamic World	139
	2. Cultural Borrowing	142
	3. Innovation	146
	4. More Reason, Less Dogma	162
	5. Mutual Respect and Tolerance of Diversity	164
	6. Commonalities in the Rise, Decline and Fall of Geo-cultural Domains	168
	7. The Challenges	172
	8. The Way Forward	173
	9. Conclusion	178
7	<i>How Can Dignity Be Attained?</i> Minimum Criteria of Human Needs and Dignity	179
	1. The Concept of Human Dignity	180
	2. Minimum Criteria of Human Dignity at the National Level	187
	3. Minimum Criteria of Human Dignity at the Global Level	191
	4. The Challenges	195
	5. The Way Forward	200
	6. Conclusion	211

8	<i>How Can We Achieve Justice?</i>	
	Minimum Criteria of Global Justice	213
	1. Civilisational Triumph	214
	2. Global Justice	219
	3. Global Security	231
	4. The Challenges	234
	5. The Way Forward	237
	6. Conclusion	242
9	<i>What Is Needed for Good National Governance?</i>	
	Minimum Criteria of Inclusive, Effective and Good National Governance	243
	1. The Concept of Good Governance	244
	2. Universal Standards of Good Governance?	247
	3. Minimum Criteria of Good Governance	252
	4. The Challenges	257
	5. The Way Forward	262
	6. Conclusion	269
10	<i>What Is Needed for Good Global Governance?</i>	
	Minimum Criteria of Inclusive, Effective and Good Global Governance	271
	1. The Existing Global Governance Framework	272
	2. Problems of Global Governance	279
	3. Adapting to New Circumstances	290
	4. Conclusion	295
11	<i>How Can We Achieve Sustainable Security?</i>	
	The Multi-sum Security Principle and Sustainable Security	297
	1. The Multidimensional Nature of Security	298
	2. The Interrelated Nature of Security Threats	313
	3. The Challenges	324
	4. The Way Forward	328
	5. Conclusion	331

12	<i>How Should We Approach International Relations?</i>	
	Symbiotic Realism	333
	1. The Problems of Realism	334
	2. Symbiotic Realism	336
	3. The Dynamics of the Global System	341
	4. Foreign Policy Challenges	345
	5. The Way Forward	349
	6. Conclusion	353
13	<i>How Should Statecraft Be Conducted?</i>	
	<i>Neo-statecraft and Meta-geopolitics</i>	355
	1. Traditional Concepts of Statecraft and Geopolitics	356
	2. <i>Meta-geopolitics</i>	362
	3. Sustainable National Security	367
	4. Just Power	368
	5. Reconciliation Statecraft	369
	6. The Future of Geopolitics in a Transnational World	379
	7. Conclusion	383
14	<i>How Should Cultures Interrelate?</i>	
	Transcultural Synergy and Universal Axiology	385
	1. Culture and Geo-cultural Domains	386
	2. Essentialism and Hegemony	390
	3. The West and the East: Never the Twain Shall Meet?	394
	4. Asian and Islamic Values	397
	5. Transcultural Synergy	400
	6. Universal Axiology and Values	406
	7. Conclusion	413
PART 3: History and the Future of Human and Trans-human Civilisation		415
15	<i>Where Are We Going?</i>	
	The Future of Human Civilisation and History	417
	1. The Future of Human Civilisation	418
	2. A Post-human Destiny?	424
	3. Ethical Issues	431
	4. Conclusion	433

16	Conclusion: Sustainable History and the Dignity of Man	435
	<i>Glossary</i>	445
	<i>Index</i>	451