

Contents

Preface	6
1. Introduction	9
2. U.S. Democracy Promotion in Cuba: The Historical Record	15
2.1. Endowing Democracy: U.S. Intervention in a Cuban War of Independence	16
2.2. Paternal Democracy: Cuba Under the Platt Amendment and the Rise of Dictatorship	21
2.3. Democracy Promotion via Regime Overthrow: The Cuban Revolution	25
2.4. Democracy Promotion via Economic Punishment and Isolation	31
2.5. A New Environment for Old Strategies	33
3. Top-down: The Theoretical Framework	39
3.1. Economic Failure and Democratization	40
3.2. Sanctioning Regime Collapse	44
4. Top-down: The Empirical Analysis	52
4.1. Economic Effects: Malfunctioning Unilateralism	52
4.2. Social Effects: Washington's Iron Curtain	58
4.2.1. Tightening the Noose	58
4.2.2. Engaging in Isolation	62
4.3. Political Effects: Cultivating Cohesion	65
4.3.1. Alternatives and Incentives	65
4.3.2. Government Legitimacy and System Blame	71
4.4. Goliath Feeds David	72
5. Bottom-up: The Theoretical Framework	74
5.1. Civil Society and Democratization	74
5.2. Harnessing Civil Society from the Outside	78
6. Bottom-up: The Empirical Analysis	81
6.1. A Contentious, Cuban Civil Society	81
6.2. U.S. Promotion of Civil Society in Cuba	85
6.2.1. The Program	85
6.2.2. The Impact	89
6.3. Throwing a Boomerang	91
7. Conclusion: The Anatomy of Folly	94
References	100